

Lauren Winczewski

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Education

University of California, Santa Barbara, CA **Sept. 2011 – Present**
 Ph.D. Candidate, Department of Psychological and Brain Sciences
 Quantitative Methods in Social Sciences Emphasis
 Certificate in College and University Teaching
 Advisor: Nancy L. Collins, Ph.D.

DePaul University, Chicago, IL **Sept. 2006 – Nov. 2010**
 Honors Bachelor of Arts in Psychology, Magna Cum Laude
 Minors – Spanish, Sociology

Honors and Awards

Charles G. McClintock Award for Outstanding Scholarship, Education, and Service, 2016
 National Science Foundation Graduate Research Fellowship, *Honorable Mention*, 2013
 APA Graduate Student Basic Science Research Grant, *Honorable Mention*, 2013
 Ford Foundation Predoctoral Fellowship, *Honorable Mention*, 2013
 Ford Foundation Predoctoral Fellowship, *Honorable Mention*, 2012
 IARR Conference Student Submission Award, April 2012
 Ronald E. McNair Post-baccalaureate Achievement Program Scholar, 2008-2010
 DePaul University Honors Program, 2006-2010
 DePaul University Centennial Scholarship Recipient, 2006-2010

Research Awards and Fellowships

UC Intercampus Consortium for Health Psychology Trainee Seed Grant (Co-PI) Fall, 2016
 UCSB Graduate Division Dissertation Fellowship Winter, 2016
 UCSB Humanities and Social Sciences Research Grant 2014-2015
 UCSB Graduate Student Advancement Award Fall, 2013
 Doctoral Scholars Fellowship, UC Santa Barbara 2011-2012, 2013-2014
 DUOS Research Fellowship, DePaul University Nov 2009-June 2010
 Undergraduate Research Assistantship Program Fellow, DePaul University Mar-June 2010

Manuscripts (published and in preparation)

- Winczewski, L.A.**, Bowen, J.D., & Collins, N.L. (2016). Is empathic accuracy enough to facilitate responsive behavior in dyadic interaction? Distinguishing ability from motivation. *Psychological Science*, 27(3), 394-404.
- Ackerman, R. A., ... **Winczewski, L.A.**, & Yong, J. C. (in press). Registered Replication Report: Study 1 from Finkel, Rusbult, Kumashiro, & Hannon (2002). *Perspectives on Psychological Science*.
- Bowen, J.D., **Winczewski, L.A.**, & Collins, N.L. (in press). Language Style Matching in couples' conflict and support interactions. *Journal of Language and Social Psychology*.
- Hamilton, D.L., Chen, J.M., Ko, D.M., **Winczewski, L.A.**, Banerji, I., & Thurston, J. (2015). Sowing the seeds of stereotypes: Spontaneous inferences about groups. *Journal of Personality and Social Psychology*, 109(4), 569-588.
- Collins, N.L., Kane, H.S., Metz, M.A., Cleveland, C., Khan, C., **Winczewski, L.A.**, Bowen, J., & Prok, T. (2014). Psychological, physiological, and behavioral responses to a partner in need: The role of compassionate love. *Journal of Social and Personal Relationships*, 31(5), 1-29.
- Winczewski, L.A.**, Collins, N.L., & Bowen, J.D. (in prep). *Is feeling understood rooted in reality? The interpersonal process of understanding and feeling understood in romantic couples' social interactions.*

Conference Presentations

- Winczewski, L.A.**, Collins, N.L., & Bowen, J. (2015, February). *Thinking and feeling: Empathic accuracy interacts with empathic concern to facilitate responsive behavior in dyadic interaction.* Data blitz presented at the Close Relationships preconference at the annual meeting of the Society for Personality and Social Psychology (SPSP), Long Beach, CA.
- Winczewski, L.A.**, Bowen, J., & Collins, N.L. (2015, February). *The benefits of being understanding and feeling understood in romantic partners' stressful interactions.* Poster presented at the annual meeting of the Society for Personality and Social Psychology (SPSP), Long Beach, CA.
- Bowen, J., **Winczewski, L.A.**, & Collins, N.L. (July, 2014). *Talking the talk in conflict and support: Context-dependent verbal mimicry between romantic partners.* International Association of Relationships Research Bi-Annual Conference. Melbourne, Australia.
- Bowen, J., **Winczewski, L.A.**, & Collins, N.L. (2014, February). *The role of coordinated language use in romantic partner communication.* Poster presented at the annual meeting of the Society for Personality and Social Psychology (SPSP), Austin, TX.
- Metz, M., Collins, N.L., Khan, C., Bowen, J., & **Winczewski, L.A.** (2014). *The role of compassionate love in shaping psychological, behavioral, and cardiovascular responses to a partner in distress.* Poster presented at the annual meeting of the Society for Personality and Social Psychology (SPSP), Austin, TX.

- Winczewski, L.A.,** Bowen, J., & Collins, N.L. (2014, February). *Compassionate love for a romantic partner facilitates empathic accuracy*. Poster presented at the annual meeting of the Society for Personality and Social Psychology (SPSP), Austin, TX.
- Bowen, J., **Winczewski, L.A.,** Metz, M., Khan, C., & Collins, N. L. (2013, January). *Stress, emotional support, and linguistic coordination of close relationship partners*. Poster presented at the annual meeting of the Society for Personality and Social Psychology (SPSP), New Orleans, LA.
- Winczewski, L.A.,** Bowen, J., Kahn, C., Metz, M., & Collins, N.L. (2013, January). *The experience of giving and receiving compassionate love during times of distress*. Poster presented at the annual meeting of the Society for Personality and Social Psychology (SPSP), New Orleans, LA.
- Bowen, J., **Winczewski, L.A.,** Metz, M., Kahn, C., & Collins, N.L. (2013, January; 2012, July). *Stress and verbal support in romantic relationships*. Poster presented at the annual meeting of the Society for Personality and Social Psychology (SPSP), New Orleans, LA and the annual meeting of the International Association of Relationships Research (IARR), Chicago, IL.
- Winczewski, L.A.,** Bowen, J., Kahn, C., Metz, M., & Collins, N.L. (2012, July). *Compassionate love for a romantic partner and motivations for caregiving*. Poster presented at the annual meeting of the International Association of Relationships Research (IARR), Chicago, IL.
- Winczewski, L.A.,** Berardi, L., Carillo, L., Sanchez, B. (2012, January). *An attachment perspective on negative social interactions between college mentors and student protégés*. Poster presented at the annual meeting of the Society for Personality and Social Psychology (SPSP), San Diego, CA.
- Reyna, C., **Winczewski, L.A.,** Damrongvachiraphan, D., Wetherell, G. (2012, January). *Justifying interpersonal choices with rosy impressions: The effects of perceived roommate choice on first and long-term impressions of college roommates*. Poster presented at the annual meeting of the Society for Personality and Social Psychology (SPSP), San Diego, CA.
- Winczewski, L.A.,** Damrongvachiraphan, D., & Reyna, C. (2011, January). *Expecting the unexpected: Examining social perception strategies amongst assigned college roommates using parent attachment*. Poster presented at the annual meeting of the Society for Personality and Social Psychology (SPSP), San Antonio, TX.
- Flores, J., Berardi, L., & **Winczewski, L.A.** (2010, October). *First-year students' attachment to parents and university*. Poster presented at the annual Midwest Ecological-Community Psychology Conference (ECO), Champaign, IL.
- Winczewski, L.A.** & Berardi, L. (2010, October). *The dark side of mentoring: Perceptions of social strain across formal and informal mentoring relationships*. In L. Berardi's (Chair) *Using quantitative cross sectional analysis to examine youth natural mentoring relationships*. Symposium conducted at the annual Midwest Ecological-Community Psychology Conference (ECO), Champaign, IL.
- Winczewski, L.A.,** Damrongvachiraphan, D., & Reyna, C. (2010, April). *Expecting the*

unexpected: Examining social perception strategies amongst assigned college roommates using parent attachment. Poster presented at the Chicago Area Research Undergraduate Symposium (CAURS), Chicago, IL.

Winczewski, L.A. (2009, September). *Theories of intelligence: Consequences on academic motivation and achievement.* Oral presentation delivered at the Ronald E. McNair Scholars Research Conference, University of Maryland at Baltimore County, Baltimore, MA.

Winczewski, L.A. (2009, July). *Theories of intelligence: Consequences on academic motivation and achievement.* Oral presentation delivered at the Leadership Alliance National Symposium, Chantilly, VA.

Mentoring and Service Experience

Graduate Student Mentor **Fall, 2015 – Spring, 2016; Fall, 2016 – P**
UCSB Undergraduate Honors Research in Psychology

Responsibilities: Advised two undergraduate honors students through the full development and execution of a research project and senior thesis. One student was awarded an Undergraduate Research and Creative Activities (URCA) grant to conduct a laboratory experiment on the role of empathy in romantic partners' social support intentions. Presently, another honors student is designing a laboratory experiment to examine the role of support-seeking behavior in eliciting more effective support behavior from a romantic partner.

Graduate Student Committee Member **Fall, 2015 – P**
Human Subjects Committee, Office for Human Research Protections

Responsibilities: Meet with committee members once a month to review the ethical merits of research protocols involving human participants. Present and discuss study protocols submitted from numerous departments across campus, with the utmost goal of ensuring participants' protection during their research participation (e.g., effective and fair consent and debriefing process, ensuring safeguards against potential risks involved in participating).

Volunteer **Winter, 2016 – P**
Child Abuse and Listening Mediation Center, Santa Barbara

Responsibilities: Provide weekly childcare to children (ages 1-5) while their parents attend meetings with therapists and on-site workshops designed to encourage more effective parenting skills.

Graduate Student Mentor **Summer, 2012; Summer, 2016**
UCSB McNair Summer Research Program

Responsibilities: Advised two undergraduate McNair Scholars' completion of an independent research project (analyzing and interpreting data, preparing and presenting the research for an end-of-summer conference).

Graduate Student Mentor **Summer, 2016 – 2017**
California Alliance for Minority Participation

Responsibilities: Provided one-on-one mentorship and training to an undergraduate student member of CAMP, a program designed to provide resources and rigorous training to underprivileged students interested in pursuing a graduate education in scientific research.

Graduate Student Mentor

Summer, 2012

Academic Research Consortium Summer Research Program

Responsibilities: Supervised a visiting summer scholar through the graduate school application process and the development of an independent research project. Instructed student on data analysis techniques to examine the physiological underpinnings of caregiving behavior in a community sample of romantic couples.

Teaching Experience

Instructor on Record

Summer, 2016

Introduction to Social Psychology

Responsibilities: Prepared and delivered lectures on normative processes and individual differences in the human experience of the social world. Topics include social psychology research methods, the social self, attribution, attitudes, persuasion, social influence, intergroup relations, intragroup processes, aggression, close relationships, and empathy.

Instructor on Record

Spring, 2016

The Psychology of Emotions

Responsibilities: Prepared and delivered lectures on social, physiological, evolutionary, cognitive, developmental, and neuroscientific approaches to the study of emotions, with an emphasis on the role of affective phenomena in intrapersonal and interpersonal processes.

Teaching Assistant

Fall, 2015

Design & Measurement (Graduate Statistics)

Responsibilities: Led a weekly discussion section designed to teach hypothesis testing using statistical software. Students learned how to prepare and manage data files for analysis and conduct numerous statistical tests (single, independent, paired and samples t-tests, ANOVA, and, nonparametric tests, correlation).

Instructor on Record

Summer, 2015

Social Psychology of Close Relationships

Responsibilities: Prepared and taught lecture course on the social psychological study of the cognitive, affective, and motivational processes involved in intimate relationships. Topics included attachment, social cognition, love, social support, rejection, and commitment.

Instructor on Record

Summer, 2014

Introduction to Experimental Psychology

Responsibilities: Prepared and taught lecture course on research design and methodology. Topics included the scientific method, ethics, sampling, measurement, correlational and experimental research methods, and review of descriptive and inferential statistics (including an introduction to moderation and mediation).

Teaching Assistant **Fall, 2012; Fall, 2014; Winter, 2015**
Laboratory in Social Behavior

Responsibilities: Taught research methods to advanced Psychology undergraduates. Guided students through a research project from start to finish: developing their own correlational and experimental studies, analyzing the data, and preparing research papers that situated the data in terms of social psychological theory.

Teaching Assistant **Winter, 2013**
Introduction to Psychology

Responsibilities: Led weekly discussion sections to lower division undergraduates. Discussion sections presented students with popular media or current examples of psychological processes unique to various subtopics, including perception, cognition, learning, memory, development, social behavior, and personality.

Additional Teaching Assistantships at UCSB

Social Psychology of Close Relationships	Spring, 2013; Fall, 2014
Positive Psychology	Summer, 2014
Psychology of Supernatural Concepts	Spring, 2014

Related Work Experience

Peer Advisor **Spring 2015 – P**
Quantitative Methods in Social Sciences Program, UC Santa Barbara

Responsibilities: Provide administrative assistance to the QMSS program, including data management (maintaining listserv, student records) and updating the program website.

Program Coordinator **August, 2010 – August, 2011**
Ronald E. McNair Postbaccalaureate Achievement Program

DePaul University, IL

Responsibilities: Mentored a group of over 25 continuing and new undergraduate scholars enrolled in the program, a federally-funded initiative dedicated to serving students from underrepresented groups. Worked directly with students at different stages in their matriculation to most appropriately tailor the required curriculum of the program to meet their needs. Developed and administered weekly assessments, seminars, and designed and executed curricula to engage students with the research process and bolster their research skills. Assisted program directors with budget management and event planning.

Associations/Affiliations

International Association for Relationships Research, Student member	2011 – P
Society for Personality and Social and Psychology, Student affiliate	2009 – P
Association for Psychological Science, Student affiliate	2009 – P
Psi Chi Psychology Honors Society, Member	2007 – P

Additional Skills Summary

Proficient in SPSS, Amos for SPSS, Mplus, and Hierarchical Linear Modeling statistical packages, as well as programming studies and surveys using MediaLab, Qualtrics, and Survey Monkey platforms.